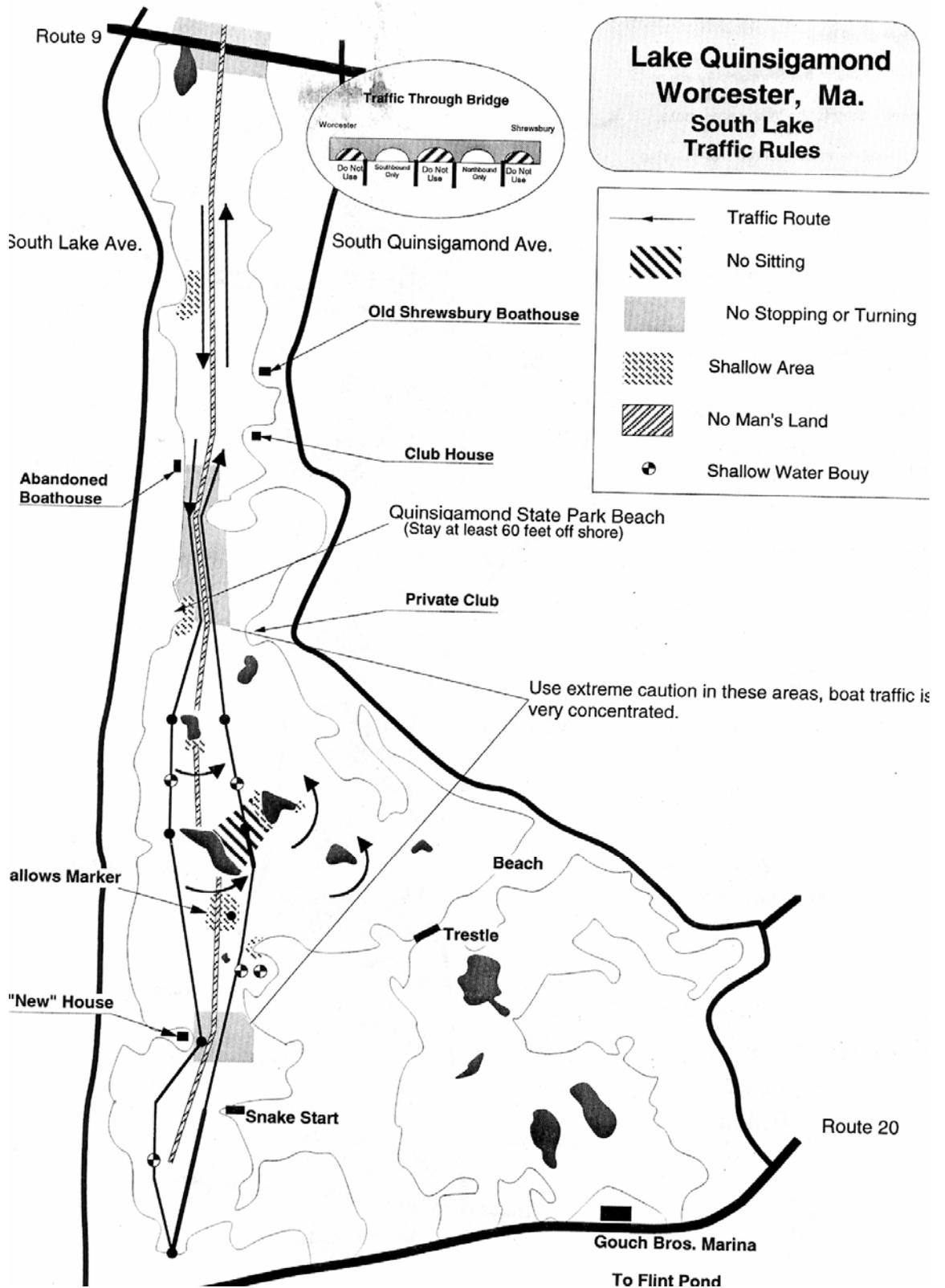


QRA Lake Rules and
General Traffic Patterns
Effective January 1, 2006

1. Stay to the right at all times.
2. Traveling North – Stay to the Shrewsbury shore.
3. Traveling South – Stay to the Worcester shore.
4. Do not turn or stop in area marked “No Turn/No Stop Zone”
5. Do not “sit” in areas marked “No Sitting” turn and move to the sides of the lake immediately.
6. The areas marked shallow are extremely shallow, stay clear of them.
7. Use the arches closest to shore on the Route 9 Bridge at your own risk.
8. Do not use the center arch of the Route 9 Bridge going either direction.
9. To reverse direction, turn 90°, row directly across the lake and complete your turn on the other side.
10. Crews must pass single file through the narrows in both directions. Crews traveling north should move to the Shrewsbury shore after clearing the narrows.
11. Crews may turn around an island but must do so counterclockwise.
12. No more than three shells may travel abreast in the same direction. When traveling three shells abreast, launches should be behind or between boats.
13. Coaches must slow launches to minimum wake speed when passing other crews or scullers.
14. Appropriate navigational lighting must be used on all shells and coaching launches when rowing from sunset to sunrise. Strobe lights are recommended in addition to navigational lights for increased visibility.
15. Use of any megaphone by coaches prior to 7 AM or after 8 PM is prohibited. Radio communication between coaches and rowers is recommended during these times. Coxswains should use cox-box systems at minimum volume and should keep voices down to minimum.

16. Coaching launches must be identified with the institutional name in 2 inch lettering on each side of the motor.
17. All races and race times will be assigned by the QRA under the QRA's race permits with the Lake Commission and the Environmental Police. Race schedules will be posted by Thursday of each week in March, April and May on the QRA website, at each boathouse, and at the Corazzini boat ramp. Re-scheduling of races after they are posted is prohibited. A coach responsible for each day's racing will also be assigned at that time.
18. Some race and practice days may have a reverse traffic pattern. That will also be posted by Thursday with the race schedule (if applicable), at each boathouse, and at the Corazzini Boat Ramp.
19. Coaches and rowers should always consider safety to be the primary rule and should never launch in unsafe conditions, and, should land as soon as possible if unsafe conditions develop while rowing. The QRA recommends that each launch be equipped with a cell phone for emergency situations.
20. The QRA considers being a good neighbor to be the most important after safety. We consider our neighbors to be other boaters of any kind and lake residents.
21. Rowing community rules will be enforced by QRA Rules Enforcement Subcommittee.



To Route 70

Stay out of this cove

Route 290

Exit 22

Main St.

Exit 21

State Boat Ramp

Shrewsbury

Donahue Rowing Center

North Quinsigamond Ave.

Gazebo at Condos

Worcester

North Lake Ave

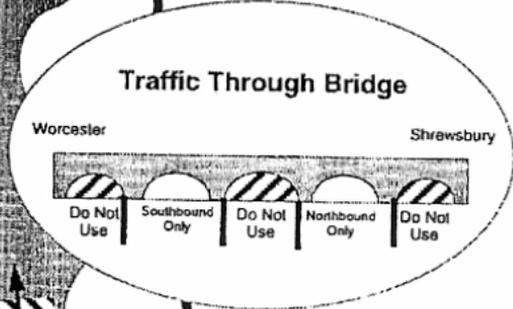
No Man's Land
(Rower Free Zone)

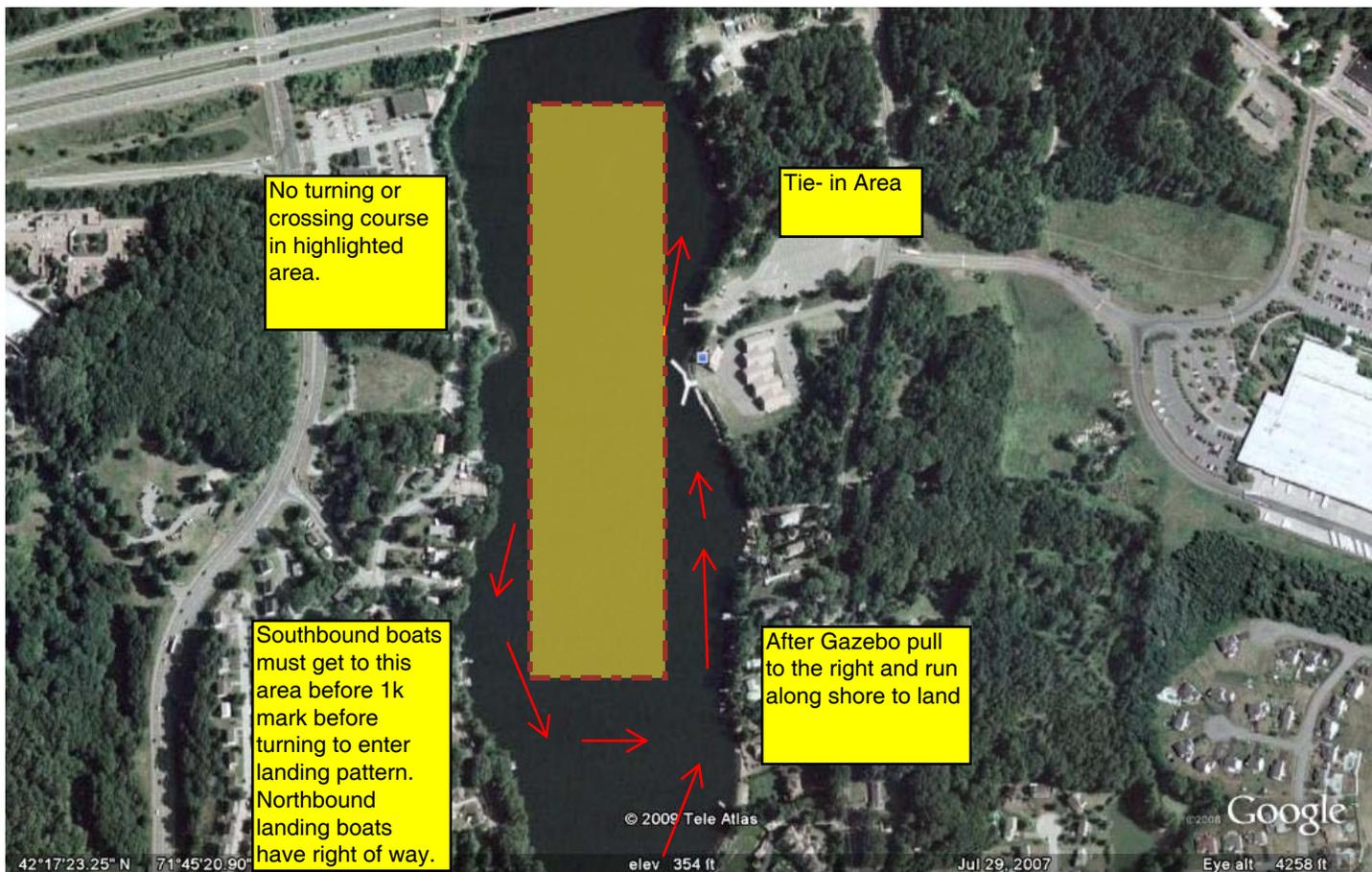
Regatta Point State Park

Awards Dock

Regatta Point Dock

Route 9





When launching please have all equipment including oars at dock.

Place oars in oar racks

Launch to the right. Crews must take no more than 2 minutes on the dock if there are other boats waiting to launch. Pull off of dock and immediately to the right into the cove beyond boat ramp to tie in. Do not stop right off of the end of the dock or block boat ramp.

Crews must be headed northbound when landing. Pull to the far right shore after the gazebo (completely off the course) and proceed along shore to landing dock. The area between the gazebo and the landing docks is large and completely off the course. Do not stop your boat and wait on the course to land.

Southbound crews that want to land must continue south to the narrowing at the gazebo and cross the course there. Northbound crews always have right of way over crossing crews. Bring crew along shore completely off of the course to land. A crew should wait to cross well to the right off of the course

Crews must take no more than 2 minutes from landing to have the boat out of the water when there are crews waiting.

Crews may not cross the highlighted area of the course when launching or landing.

At busy times coaches must monitor their crews to make sure that they launch and land within 2 minutes.

During scheduled racing, boats participating in racing always have priority when launching and landing to boats that are not racing.

Safety and courtesy should always be the priorities.

Parking in the paved DRC lot is for coaches & scullers only (passes to be given out). School vans & buses must park in boat ramp lot.

Visiting crews must park trailers, vans, buses in boat ramp lot and must use portable toilets provided. Visiting crews may set up tents for spectators only along the fence at the south end of the DRC property.